

GUIDANCE AND COUNSELLING DATA: FREQUENCY CHARTS

Month: _____ Year: _____

FREQUENCY:

	INDIVIDUAL	GROUP/CLASSROOM
Instruction/Guidance		
Counselling: Proactive/Preventative		
Counselling: Critical/Responsive		
Counselling: Urgent/Responsive		
Counselling: Non-urgent/Responsive		
TOTAL		

Summary Comments: _____

DURATION:

- | | | |
|--------------------|--|--------------------|
| 1 = one time only | 2 = bimonthly | 3 = once per month |
| 4 = once per cycle | 5 = once per week | 6 = biweekly |
| 7 = daily | 0 = other (e.g., once per day for one week only) | |

	INDIVIDUAL	GROUP/CLASSROOM
Instruction/Guidance		
Counselling: Proactive/Preventative		
Counselling: Critical/Responsive		
Counselling: Urgent/Responsive		
Counselling: Non-urgent/Responsive		
TOTAL	1. 2. 3. 4. 5. 6. 7. 0.	1. 2. 3. 4. 5. 0.

Summary Comments: _____

CORE CONTENT:

	INDIVIDUAL	GROUP	TOTAL
Academic 1. school achievement 2. attendance 3. subject area concern 4. test-taking preparation 5. school leaving 6. course change 7. study skills 8. scholarships 9. post-secondary requirements			
Behaviour 1. classroom 2. social skills 3. suspension-related 4. mediation			
Career 1. career/educational choice 2. CHOICES/Bridges/Career Cruising/inventory session 3. resume writing 4. portfolio			
Personal 1. stress 2. social/emotional 3. health 4. self-esteem 5. peers 6. mental health 7. friendship 8. financial/money 9. conflict 10. home relations 11. gang 12. transition 13. sexuality 14. weight 15. housing			
Abuse 1. harassment 2. physical 3. bullying 4. emotional 5. sexual 6. verbal 7. electronic 8. self 9. drug/alcohol/substance			
Other			
TOTAL			

Summary Comments: _____

REFERRAL SOURCES:

	SELF	PEER	TCHR	ADMIN	PRNT	OTHR
Instruction/Guidance						
Counselling: Proactive/Preventative						
Counselling: Critical/Responsive						
Counselling: Urgent/Responsive						
Counselling: Non-urgent/Responsive						
TOTAL						

Summary Comments: _____

AGENCY REFERRALS:

Clinical staff	
Mental Health	
Public Health	
Child and Family Services	
Addictions Counselling	
Other	
TOTAL	

Summary Comments: _____
